Conference goal:
To provide education and awareness of a national problem impacting our community. Through education, treatment and understanding of disease, we bring hope and improved outcomes to the women and families we serve.

Primary audience:
Physicians, nurses and staff specializing in obstetrics, level one, two or three nurseries and pediatrics who are caring for mothers and their newborns facing opioid substance abuse and withdrawal.

Conference Tuition:
Physician: $150.00
Nurse and Allied health personnel: $75.00
SSM Health Nurses, SLU Residents please call to register for tuition discount.

Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Louis University School of Medicine and SSM Health. Saint Louis University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

American Medical Association
Saint Louis University School of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Contact Hours
SSM Health Cardinal Glennon Children’s Hospital is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This program has been approved for 6.0 contact hours.

Continuing Medical Education
Addiction Medicine: Caring for the Mother Infant - Dyad
May 12, 2017 | Moulin Event Center
207 Chouteau Ave | St. Louis, MO 63103

Hotel Ignacio
3411 Olive St. | St. Louis, MO 63103
314-977-4411
Group Name: Ob/Peds Conference
Rate: $155.00/night
(for any reservation questions ask for Amber)

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Keynote Speakers

Mona R. Prasad, DO, MPH
Clinical Associate Professor, Department of OB/GYN, Division of PMH, The Ohio State University, Columbus, OH

Mona R. Prasad, DO, MPH is a maternal fetal medicine specialist, in joint Career, Health System, and clinical associate professor of distinct emphases in the Department of Obstetrics and Gynecology at The Ohio State University Wexner Medical Center. She has been the Medical Director of SCHAT (Substance Abuse Treatment, Education, and Prevention Programs) Clinic at Ohio State since 2010. Since that time she has provided obstetric care simultaneously with education and addiction treatment for greater than 500 women with opioid use disorder.

Dr. Prasad completed her Master of Public Health in Epidemiology and Molecular Biology from Michigan. She earned her Doctor of Osteopathic Medicine at Midwestern University-Arizona College of Osteopathic Medicine and completed residency and fellowship training at Ohio State. After completing her Medical-Fellowship, she stayed to join the faculty in the Department of OB/GYN. She has recently transitioned to a role in the Mount Carmel Health System, but she remains active in research involving the Mount Carmel Health System, and clinical associate professor of Obstetrics and Gynecology at The Ohio State University.

Jill Mahy, RN, BSN, MSN
Senior Practice Leader - FP Square Vancouver British Columbia

Jill Mahy, RN, BSN, MSN is the Senior Practice Leader - FP Square Vancouver, British Columbia's women's hospital with ongoing teaching responsibilities at British Columbia Institute of Technology and University of British Columbia. Former Associate Director of Nursing at British Columbia Hospital. Jill Mahy has been instrumental in nursing team development aimed at improving health and education for women and children.

Jill has practiced in the area of family and women's health care in the community and hospital settings for many years. She believes in supporting all at-risk women and their families in accessing optimal and enhanced healthcare through leadership in best practice, advocacy and ongoing education. She is passionate about the evidence base of health, harm reduction and prevention for nursing homes where the patient care is within a collaborative and interdisciplinary process.

She seeks out challenges and excels in sharing her engaging experiences in a variety of areas such as socially complex families and pregnant women in the spread of maternal care homes focusing on treatment of women and children.

Conference Schedule

8 - 8:30 am Registration / Exhibits / Continental Breakfast
9:00 - 8:50 am Concurrent Sessions
8:50 - 9:35 am The Neurobiology of Addiction
Jaye Shyken, MD
Associate Professor of Obstetrics and Gynecology, St. Louis University School of Medicine, Division of Maternal Fetal Medicine. Founding and Current Secretary Director WISE-OMH SSM Health. St. Mary's Hospital. Jill Mahy has understood mechanisms of drug addiction both acutely and long-term. Be aware of basic brain neurochemistry and the presence of addiction as a brain disease. Understand the role of treatment and medication in the amelioration of these processes.

9:35 - 10:45 am Medication Assisted Treatment Options for Pregnant Women with Opiate Use Disorder
Mona Prasad, DO, MPH
At the end of the lecture, the audience should have a good understanding of the rationale for treatment of pregnant women with opioid use disorder, the medications available for use and practical strategies for care when dealing with common clinical scenarios.

10:45 - 11:45 am Motivational Interviewing and Engaging Mothers: Struggling with Addiction Part 1
Ryan R. Lindsay, MSW, LCSW, COO/Concentration Chair, George Warren Brown School of Social Work, Washington University at St. Louis and Founder of St. Louis Center for Family Development, Assistant Dean for Social Work, Associate Professor of Practice, Mental Health Concentration Chair, George Warren Brown School of Social Work, Washington University at St. Louis.

Motivational interviewing is a highly effective way to engage individuals in their change journey. There is nothing more critical than helping a new mother overcome addiction in order to more effectively lay the nurturizing groundwork for later development. Addiction interferes in a brain disease. Understand the role of treatment and medication in the amelioration of these processes.

The Perils and Pitsfalls of Finagling Scores
Mary E. Hope, RN, BSN
Neonatal Outreach Educator Cardinal Glennon Children's Hospital

Discuss when a mother struggling with addiction should be encouraged to use with a harm reduction approach.

Breastfeeding – More Than Milk
Rebecca Boedeker, RN, MSN, IBCLC
Lactation Consultant, SSM Health St. Mary's Hospital St. Louis

Discuss what is a mother struggling with addiction should be encouraged to breastfeed. Address misconceptions around the amount and effects of methamphetamine and barbiturates in a mother's milk. Review how breastfeeding and mother's milk can both help decrease symptoms of NAS.

Pediatricians and nurses will be able to choose the appropriate strategies for care when dealing with common clinical scenarios.

Keep Calm and Sleep On: Non-Pharmacological Methods
Susan Stuppy, OTLR/L, MsEd
Team Leader NAS Task Force SSM Health St. Mary's Hospital and Neonatal-Perinatal Medicine, St. Louis University School of Medicine, Pharmacological Management of NAS

Part 1

Part 2

2:30 - 3:45 pm Perinatal Substance Use: Programs that work for British Columbia Women and Families
Jill Mahy, RN, BSN, MSN
Perinatal Manager and Senior Practice Leader, British Columbia Health and Hospital

Learn about the British Columbia Women's Health Center and Hospital's Perinatal Substance Use Program and their care for women, newborns, and now responsible for advocating for the health care team and the population they serve.

Registration

Pre-registration is required, space is limited

Online (Credit Card Only):
Go to www.scmhl.org, click on classes and events and enter the word “ADDICTION”

By Phone (Credit Card Only): Call 1-866-555-DCOR

Boxed lunch provided

Coffee, Tea and Water will be provided

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11:45 am - 12:15 pm Lunch

12:15 - 1:30 pm Motivational Interviewing and Engaging Mothers: Struggling with Addiction Part 2

2:30 - 3:45 pm Perinatal Substance Use: Programs that work for British Columbia Women and Families

3:45 - 4 pm Wrap up and evaluations